



# Whanganui Secondary Schools Athletics Championships 2025 PROGRAMME

Tuesday 18<sup>th</sup> March 2025  
at Cooks Gardens





Hosted by Sport Whanganui & supported by Athletics  
Whanganui.

A special mention and thank you to Mark Harris for his expertise  
running the meet manager system and results.

# Whanganui Secondary Schools Athletic Championships 2025

Tuesday 18<sup>th</sup> March 2025  
Cooks Gardens, Whanganui

## Event Schedule

**Please note** the timings are for start of heats. Straight finals will be determined based on number of entries and advised at the Managers meeting. Please ensure athletes are ready for marshaling well before their event. All track & field athletes must marshal at their field event and let the officials know that they have a track event to attend if it's at the same time.

### TRACK

Time	Event	Grade	
09.55am	70m Hurdles	JNR GIRLS	
10.00am	80m Hurdles	JNR BOYS, INT GIRLS	
10.08am	100m Hurdles	SNR GIRLS, INT BOYS	
10.15am	110m Hurdles	SNR BOYS	
10.20am	100m Heat	JNR GIRLS	
10.25am	100m Heat	JNR BOYS	
10.30am	100m Heat	INT GIRLS	
10.35am	100m Heat	INT BOYS	
10.45am	100m Heat	SNR GIRLS	
10.50am	100m Heat	SNR BOYS	
11.00am	800m	JNR BOYS	
11.05am	800m	JNR GIRLS	
11.10am	800m	INT BOYS	
11.15am	800m	INT GIRLS	
11.20am	800m	SNR BOYS	
11.25am	800m	SNR BOYS	
11.30am	3000m	GIRLS	
11.45am	3000m	BOYS	
12.00pm	200m	JNR GIRLS	TIMED FINALS
12.05pm	200m	JNR BOYS	TIMED FINALS
12.10pm	200m	INT GIRLS	TIMED FINALS
12.15pm	200m	INT BOYS	TIMED FINALS
12.20pm	200m	SNR GIRLS	TIMED FINALS
12.25pm	200m	SNR BOYS	
12.35pm	1500m	JNR BOYS	

12.45pm	1500m	JNR GIRLS	
12.55pm	300m	JNR BOYS	TIMED FINALS
01.03pm	300m	INT GIRLS	TIMED FINALS
01.10pm	400m	INT GIRLS	TIMED FINALS
01.18pm	400m	INT BOYS	TIMED FINALS
01.21pm	400m	SNR GIRLS	TIMED FINALS
01.25pm	400m	SNR BOYS	TIMED FINALS
01.35pm	1500m	SNR GIRLS, INT GIRLS	
01.45pm	1500m	SNR BOYS, INT BOYS	
01.55pm	100m	JNR GIRLS	FINALS
02.00pm	100m	JNR BOYS	FINALS
02.05pm	100m	INT GIRLS	FINALS
02.10pm	100m	INT BOYS	FINALS
02.15pm	100m	SNR BOYS	FINALS
02.20pm	100m	SNR GIRLS	FINALS
02.30pm	4 x 100	JNR BOYS	FINALS
02.35pm	4 x 100	JNR GIRLS	FINALS
02.40pm	4 x 100	INT BOYS	FINALS
02.45pm	4 x 100	INT GIRLS	FINALS
02.50pm	4 x 100	SNR BOYS	FINALS
02.55pm	4 x 100	SNR GIRLS	FINALS
03.05pm	Swedish Relay	OPEN BOYS	
03.10pm	Swedish Relay	OPEN GIRLS (MAY BE COMBINED)	

**Note:**

Juniors are not allowed to run 100m,200m, and 300m. They may only run two of the three.

Swedish Relays must be made up of athletes who have not raced in the 4 x100.

Swedish Relays – Runner 1 = 100m, Runner 2 = 200m, Runner 3 = 300m, Runner 4 = 400m

## FIELD

Time	Event	Grade	Grade
09.30am	Javelin	SNR BOYS	INT BOYS
10.00am	Long Jump	JNR BOYS (1)	JNR GIRLS (2)
10.00am	Discus	INT GIRLS	
10.00am	High Jump	INT GIRLS*	SNR GIRLS*
10.00am	Shot	SNR GIRLS	
11.00am	Triple Jump	SNR BOYS*	SNR GIRLS*
11.00am	Discus	INT BOYS	
11.00am	Shot	SNR BOYS	
11.35am	High Jump	SNR BOYS*	INT BOYS
11.45am	Javelin	SNR GIRLS*	INT GIRLS*
Noon	Long Jump	INT BOYS (1)	INT GIRLS (2)
Noon	Discus	JNR GIRLS	
Noon	Shot	INT BOYS	
01.00pm	Triple Jump	INT BOYS*	INT GIRLS*
01.00pm	Discus	SNR GIRLS	
01.00pm	Shot	INT GIRLS	
01.15pm	High Jumps	JNR BOYS*	JNR GIRLS*
01.30pm	Javelin	JNR BOYS	JNR GIRLS
01.55pm	Discus	SNR BOYS	
02.00pm	Long Jump	SNR GIRLS (1)	SNR BOYS (2)
02.00pm	Shot	JNR BOYS	
02.50pm	Shot	JNR GIRLS	
02.50pm	Discus	JNR BOYS	
03.00pm	Triple Jump	JNR BOYS*	JNR GIRLS*

### Pit (1), Pit (2)

**\*Run together into the one pit**

Event	Jnr Girls	Jnr Boys	Int Girls	Int Boys	Snr Girls	Snr Boys
Javelin	01.30pm	01.30pm	11.45am	09.30am	11.45am	09.30am
Discus	Noon	02.50pm	10.00am	11.00am	01.00pm	01.55pm
Shot	02.50pm	02.00pm	01.00pm	Noon	10.00am	11.00am
Long Jump	10.00am	10.00am	Noon	Noon	02.00pm	02.00pm
Triple Jump	03.00pm	03.00pm	01.00pm	01.00pm	11.00am	11.00am
High Jump	01.15pm	01.15pm	10.00am	11.35am	10.00am	11.35am



---

*A big thank you to all the officials and volunteers  
that have given us their time to help run the day.*

*We could not do it without you! 😊*

---

