



ANNUAL REPORT

1 JULY 2021 - 30 JUNE 2022



TABLE OF CONTENTS

03 Strategic Intent 2020 - 2025

04 Sport Whanganui Board

05 Governance

06 Chief Executive Report

07 Chair Report

08 Our Team

09 Managers' Reports

10 **CONNECT & STRENGTHEN**

Healthy Active Learning

Whakawhānaungatanga and Matariki

Sport Leaders Network

Open Spaces and Physical Activity Strategy &
Springvale Park Development Plan

Power of Play

Insights and Play Spaces

16 **ACTIVATE**

Secondary School Sport

17 **ACTIVATE & CONNECT**

Hoops in Schools

La Fiesta

#ItsMyMove

Tū Manawa Active Aotearoa

20 **ACTIVATE & STRENGTHEN**

Active Youth Leadership

Rangatahi Water Safety Programme

Hauora ki te Mahi

He Ara Hauora - Youth to Work

Whanganui Boys & Girls Gym Club

Green Prescription

Fit for Surgery

27 Funders and Partners

28 Statement of Financial Position

STRATEGIC INTENT 2020-2025

VISION & PURPOSE	<p>VISION: Active, healthy and connected communities</p> <p>PURPOSE: To activate, connect and strengthen our communities to support and enhance their health and wellbeing.</p>								
STRATEGIC FOCUS IDEAS	ACTIVATE the future			STRENGTHEN the core			CONNECT our community		
OUTCOMES	<p>New Reach / New Modes / New Places</p> <p>Get inactive people moving and unlock new opportunities in our local communities.</p>			<p>Active for Life / Supporting our Foundation</p> <p>Maintain sports, activities and programmes that add value to create a sustainable future.</p>			<p>Strong relationships and partnerships / diversity and representation</p> <p>Build meaningful relationships and partner with our diverse communities, people and organisations to extend our reach and impact.</p>		
SYSTEM ENABLERS	Leadership / Connectivity		Insights		Workforce		Funding / Investment		
OPERATIONAL FOCUS AREAS	Spaces and Places	Māori	Sport	Recreation	Health & Wellbeing	Women / Girls	Tamariki & Rangatahi	Diversity & Inclusion	Play





SPORT WHANGANUI BOARD MEMBERS 2022

Wayne Brown, Leighton Toy, Derek Pickering, Sheena Maru, Lorri Bishop,
John Unsworth (Chair), Suze Redmayne, James Bowen, Hayden Gibson.

GOVERNANCE

Board Composition

Sport Whanganui is governed by an 11-member Board, chaired by John Unsworth. The Trustees provide considerable diversity in many areas, regularly tested against a 'skills matrix'. Renee Harrison and Memo Musa stood down from the Board at the AGM in November 2021. Renee had been on the board for two years and Memo had been a board member for 14 and a half years.

Philippa Ivory resigned from the board in April 2022 after four years service. Leighton Toy, Hayden Gibson and Lorri Bishop were appointed to the board at the AGM in November 2021.

Board Workplan Achievements

The Board have embarked on achieving Governance Mark with the support of Sport NZ and this has provided clearer guidance and understanding as to the role of the Board.

The Board has continued to provide support and adapt in response to Covid-19 ensuring policies are reflective of the ever-changing requirements and staff wellbeing is paramount.

Other significant achievements:

- Review of the board skills matrix
- Policy development and review
- Key Stakeholder Engagement Plan development
- Regular risk register review and health and safety reporting
- Implementing a review of the Trust Deed

Board Subcommittees

James Bowen is Chair of the Audit, Finance and Risk Committee (with Derek Pickering and Hayden Gibson) which holds eight meetings a year. This committee considers organisational risk, commercial opportunities, budgets and financial policy and procedures and provides recommendations to each board meeting.

Wayne Brown and Derek Pickering form the CE Performance Appraisal Review Committee. They work closely with Danny Jonas, Chief Executive, and provide feedback at the board level.

Board Members Board Attendance

John Unsworth (Chair)	Attended 8 out of 8 meetings
Derek Pickering	Attended 7 out of 8 meetings
James Bowen	Attended 7 out of 8 meetings
Wayne Brown	Attended 5 out of 8 meetings
Suze Redmayne	Attended 6 out of 8 meetings
Sheena Maru	Attended 7 out of 8 meetings
Memo Musa*	Attended 3 out of 8 meetings
Renee Harrison*	Attended 3 out of 8 meetings
Philippa Ivory **	Attended 5 out of 8 meetings
Hayden Gibson***	Attended 5 out of 8 meetings
Leighton Toy***	Attended 5 out of 8 meetings
Lorri Bishop***	Attended 4 out of 8 meetings

* (Resigned November 2021)

** (Resigned April 2022)

*** (Appointed November 2021)



CHIEF EXECUTIVE REPORT

Kia ora koutou. With a year of many highlights and successes that will be captured in this year's report, one constant has been the unwavering support and guidance from our key stakeholders, funders, and partners. We also reflect on the width and breadth of the services our team provides and the many significant initiatives we are involved with.

Our thanks go to Sport New Zealand CEO Raelene Castle, Central Regional Partnership Manager Colin Stone, and the rest of the Sport New Zealand team for your ongoing investment and continued support within the play, active recreation, and sport settings.

A year full of continual challenges and uncertainty has been at the forefront of our mahi. Our sincere thanks to our key funding partners Sport New Zealand, New Zealand Community Trust, Lion Foundation, Te Whatu Ora Whanganui (formerly Whanganui District Health Board), Ministry Social Development and the Whanganui District Council for your commitment and confidence in our team's ability to deliver on our partnerships. Through focused collaboration, we continue to strive towards achieving our vision for an active, healthy, and connected community.

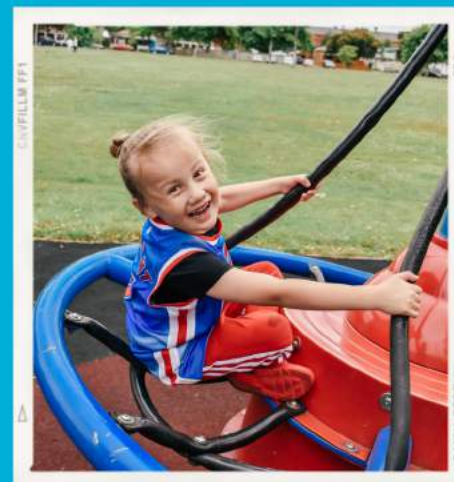
Our work alongside tamariki and rangatahi was enhanced with the roll out of the Healthy Active Learning initiative in school settings within our region in January 2022. A joint and cross government initiative between Sport New Zealand and the Ministries of Health and Education, this exciting initiative aims to improve the wellbeing of tamariki and rangatahi through healthy eating and drinking, and quality physical activity.

Like many if not all workplaces the need for us to remain resilient, nimble, and creative was paramount to stay supportive and position us to meet the needs of our communities. Looking ahead, the Sport, Play and Active Recreation sectors continue to face multiple challenges. Recruitment and retention of volunteers, financial barriers and the backlash of the global pandemic remain front and centre for our community sports codes, clubs, and recreational providers. We continue to be alert to the scale of these shared challenges and if we work together and remain positive, we will make a difference to the lives of our tamariki and rangatahi as well as our wider community.

My sincere appreciation as CE to Board Chair John Unsworth and board members for your support, guidance, and commitment to Sport Whanganui. As community leaders and volunteers, you all demonstrate passion, dedication, and desire to make a difference for our communities. Thank you all for your on-going contribution that you so willingly give.

To the Sport Whanganui team who have done another sterling job implementing our strategy, influencing, and connecting with key decision makers and leading your respective portfolios with professionalism and pride. Thank you for your ongoing mahi and passion for Sport Whanganui and our community.
He Tangata! He Tangata! He Tangata!

Ngā mihi nui



CHAIR REPORT

In writing my piece for the Annual Report it is often a challenge to remember the many events and achievements which have occurred in the previous 12 months. That is especially so when effective organisations such as Sport Whanganui want to look forward more than back.

With thanks to my team of 'researchers,' I note, in no particular order, a few of the many successes and achievements this year.

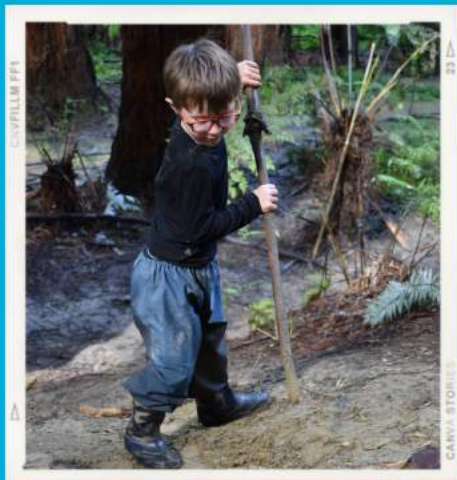
The strong relationship Sport Whanganui continues to have with its broad range of stakeholders from Sport NZ (notables: Raelene Castle, Colin Stone, and Julie Hood), through NZCT (Mike Knell), Te Whatu Ora, Whanganui District Council (David Langford, Sarah O'Hagan), the New Zealand Masters Games (Marianne Cavanagh and Heather Cox), to all the clubs and schools in the community.

Sport Whanganui are continuing to report many successes against our Strategic Intent. At an operational level, I note the superb skills shown by Danny Jonas, Tania King, Deb Byers and Jodie Brunger and their loyal and dedicated team doing the mahi. I also commend the brilliant manner in which the Whanganui Boys and Girls Gym Club is operating, in large part due to the stellar leadership of Annette Cox. The decision was also made to sever our ties with the Splash Centre after a 20+ year connection.

Many thanks for the contributions to governance from all our Board - those newly elected and those with more time at the table - and with note to the challenges and opportunities created by Sport NZ's Governance Mark programme. I also want to acknowledge the four years of service Philippa Ivory gave to the Board of Sport Whanganui.

My hope that the issues created by COVID-19 are now in the rear vision mirror. As we look forward to 2023, I am confident that Sport Whanganui will continue to make a real difference in the lives of our community.

Ngā mihi nui



OUR TEAM



Danny Jonas



Tania King



Jodie Brunger



Deb Byers



Clare Lynch



Ross Kinnerley



Darren Wallace



Dinelle Saunders



Harry Unsworth



Jen Bagshaw



Aidan O'Connor



Rachael Lynch



Kirsty Davies



Whitney Cox



Mark Spencer



Margot Bennetts



Justin Gush



Kirsty Lower



Christine Taylor



Gemma Bartley



Harriet McKenzie



Louise Follett

CORPORATE BUSINESS MANAGER REPORT

Another impressive year for the Sport Whanganui team which is commendable considering the challenges we have all faced since the start of the pandemic.

The financial oversight of the three entities is a strong focus in my role and the financial statements reflect solid fiscal management by the organisations. The transition of the Splash Centre management back to the Whanganui District Council was well managed to ensure operations continued as expected.

Strategic reporting, policy review and development has been conducted to ensure we are all working towards the same collective goals. We have also successfully implemented a very robust Health and Safety management system and processes.

For the second year in a row, we have allocated over \$360,000 through the Tū Manawa fund to organisations, schools, clubs and groups to deliver programmes which allow for tamariki and rangitahi to experience play, active recreation and sporting opportunities.

Tania King

"My hope is that 2023 will be a more settled year with fewer COVID-related disruptions as this will help us to go from strength to strength."



COMMUNITY SUPPORT MANAGER REPORT

They say it takes a village to raise a child. Now, more than ever, our tamariki and rangatahi need role models and community who listen and support them to be the best that they can be.

I feel privileged to work with a team that is dedicated to using sport, active recreation and play to engage and create opportunities for tamariki and rangatahi. Enabling them to be confident and connected to their community so they can, in turn, contribute and be active in a positive way.

You may have heard the quote from Judge Becroft, "a kid in sport stays out of court". We can all support the development of our young people long before they step onto a sports field. Giving children the time, space, and permission to play is vital to build foundational skills that set children up for life.

Through play, children explore, discover, fail, and succeed, socialise, flourish, and thrive. Even Albert Einstein recognised play as the highest form of research. By recognising the importance of play, we can help our future generations to be better prepared to navigate the complexities and challenges life throws at them.

This year Sport Whanganui, along with a number of partners, have launched several play initiatives that have demonstrated how communities can come together to activate people and places in a creative and meaningful way.

The biggest learning from our COVID lockdown experience was the benefit of having more time. So, remember to prioritise and make time to connect and live more playfully. The benefits of doing so will be long lasting and the greatest gift you can give to yourself and everyone around you, especially a child.

Jodie Brunger

"We don't stop playing because we grow old, we grow old because we stop playing."
George Bernard Shaw



ACTIVE WELLBEING MANAGER REPORT

Within our wellbeing team recently there has been a hint of normality and a feeling of reconnection with our community largely due to the easing of restrictions in the COVID-19 Protection Framework. There is also a sense of accomplishment that we reduced the challenges that COVID-19 confronted us with by sharing best practice, ensuring we stayed connected with our community, managing expectations and providing continuity of our services.

Our wellbeing programmes continue to focus on a needs-based approach offering increased flexibility with our services so that we can offer opportunities tailored to suit the individual.

Alongside the delivery of our programmes we maintain strong relations with Whanganui Primary and Secondary Care, the surgeries General Practitioners and Practice Nurses, mental health service providers for adults and youth, iwi health providers and community led services provided via Nga Tai O Te Awa. A new health system designed equitably for all is about to be launched with the proposal of the 20 DHBs merging into one Te Whatu Ora in partnership with Te Aka Whai Ora Health.

Everyone has different lifestyles; different needs and we believe every person in our region can achieve their goals of being active. The enjoyment and satisfaction for each person from being physically active encourages and promotes lifelong active participation.

Deb Byers

"Activity is a celebration of what your body **can** do."





COLLABORATING FOR TAMARIKI

Healthy Active Learning

Healthy Active Learning is a joint government initiative between Sport New Zealand, Sport Whanganui and the Ministries of Health and Education to improve the wellbeing of children and young people through healthy eating, drinking, and quality physical activity.

Healthy Active Learning contributes to one of the government's key priorities of improving the wellbeing of children and is also part of the government's Child and Youth Wellbeing strategy.

Building on the work of 2020-2021, the Healthy Active Learning team have been working one-on-one with 30 schools across the rohe (region). Taking a school-led approach and working in collaboration with regional Kahui Ako (communities of learning), the team have been able to align Kahui Ako achievement goals with that of the schools' priorities and goals.

A common focus has been on creating opportunities for kura to increase the visibility of the Health and PE and Hauora Curriculum within their schools, and in turn, exposing tamariki to engage with more physical activity learning opportunities.



The Healthy Active Learning team is working with **30** schools across the rohe (region).

1301 tamariki and **84** teachers involved in programmes and initiatives.



Several professional learning development opportunities have been offered to strengthen kaiako confidence and capability:

- Delivering Lead teacher workshops focusing on the Health and Physical Education curriculum and embedding relevant resources into their practice. Further support within schools following professional development to ensure confidence and competence is established.
- Collaboration with Halberg Disability Sport Foundation and partnering with 'Sports Ability' events to deliver inclusive lead physical activity opportunities for students with disabilities.
- Working with Ruapehu and Rangitikei Kahui Ako to deliver professional learning opportunities across the community of learning.
- Continued support to schools and community organisations to create Tū Manawa applications that increase Play, Sport and Active Recreation opportunities.
- Delivery of the Lunch Time Leaders programme to increase the physical activity opportunities available which and developing leadership within senior students of the school.

Key Successes

- Strengthened connections with the health and education sector.
- Building a strong physical education workforce.
- New school connections across the Manawātū - Whanganui region.

61 professional development sessions delivered.



It is a privilege to be part of such an awesome team working towards improving the wellbeing of tamariki across our region.



Clare Lynch
Regional HAL Lead,
Tamariki & Rangatahi
Manager



TAMARIKI & FUN LEARNING

Whakawhānauanga and Matariki

Following the impact of COVID-19 many kura within rural areas identified a need to strengthen whanaungatanga (connections) to reconnect and develop a love of learning.

Building relationships, meeting new people and working together has been an integral part of the Healthy Active Learning teams' mahi so far this year. Play and physical activity are important components for developing social skills, and by providing access to quality, fun and inclusive physical activity and play experiences we are proud to facilitate students' learning, health and wellbeing. The team are proud of the support they have provided alongside rural schools to strengthen whanaungatanga.

Our cluster school initiative is one example that shows the value and benefit of working together and building relationships to support the ongoing development and learning for our kaiako and tamariki.

As part of their learning, two schools had the opportunity to connect with another kura, Te Kura o Kokohuia. Tamariki spent the day alongside kaumātua and Nannies, weaving the practice of whakawhānauanga with the art of creating manu tukutuku (traditional kites). Jody-Anne Takiari, who ran the workshop, shared with the tamariki stories of the history of the manu tukutuku and valuable lessons on why we must preserve these precious traditions.

"Nau te rourou, naku te rourou, ka ora te tangata. With your kai basket and my food basket the people will thrive."

"Our tamariki were so lucky to be included in this initiative. All the experiences, from the whakatau to collecting materials to making the kites, were so worthwhile. The children co-operated so well and thoroughly enjoyed the day"

TEACHER FEEDBACK

HEALTHY ACTIVE LEARNING DAYS

Healthy Active Learning days are aimed to provide tamariki access to quality, fun and inclusive physical activity and play experiences to support the learning, health and wellbeing of all tamariki and their needs.

Through physical activity, tamariki connect with other local kura, interacting and building friendships with students from other schools in a non-competitive environment.

"The play area was an amazing opportunity for the big kids to remember that they are kids! The chance to try out different equipment was really appreciated by all. The sport activities gave the children a great opportunity to communicate with new students and be a part of a team."

TEACHER FEEDBACK



RUAPEHU KAHUI AKO COLLABORATION

Working in a small tight-knit community means building relationships and collaborating is key to positively influencing teaching and learning opportunities for tamariki and kaiako in the region.

The Ruapehu Kahui Ako has been integral in connecting with the community and understanding what is important to kura, working together for the benefit of all.

"By attending monthly meetings and discussions, I learn the overall picture of what is relevant. This helps to inform my mahi when working with each school. I can use my experience to add value to initiatives, help source funding opportunities and leverage my mahi through shared goals." **Kirsty, Healthy Active Learning Advisor**



PARTNERING FOR GROWTH

Sport Leaders Network

Each quarter Sport Whanganui brings together key sports club leaders – our Sport Leaders Network – for discussion, connection and to encourage collaboration across our sector. Meeting together to talk about shared challenges and successes gives sports clubs a sense of connection to other like-minded organisations and provides our key administrators and leaders with ongoing support.

Topics have included the impact of COVID-19 on our sector and how we can work collaboratively to counter the challenges, the volunteer landscape, and funding – how to secure it and how the future is lining up. Following the funding workshop, a programme for rangatahi was able to build a connection with a local funder to continue running in the mornings during school terms.

One key addition has been the involvement of our Secondary School Sports Co-ordinators, providing the perspective of rangatahi and building closer school and club links. Already we have seen codes and schools working together to find volunteers and open opportunities for their students to participate in a new sport.

4 sessions held



15 codes represented

Key Successes

- Sports codes building closer relationships with funders to put forward funding applications (Whanganui East Bowling, Aramoho Rowing, Whanganui Badminton)
- Funders linking Sport Whanganui with community organisations that have a shared purpose (E-Bikes)
- Participation opportunities created for rangatahi after School and Club connection made (WCC and Cricket)
- Collaborative discussion around solutions to COVID-19 challenges has led to Be Collective volunteer platform implementation

3 Secondary School Co-Ordinators attending hui



3 Local funders (Whanganui Community Foundation, Four Regions Trust, Tū Manawa) and

1 National funder (NZCT) presenting at funders forum and connection strengthened.

Our Sports Leaders are a vital link within our Sports sector. Community Sport is heavily reliant on our volunteers, and a large portion of our sport leaders are in a voluntary position. Through the on-going connection within the network, Sports Codes are able to tap into the expertise and knowledge of other organisations and share their experiences. Opportunities to collaborate are made easier when people are able to meet kanohi ki te kanohi (face to face), which leads to more avenues for our rangatahi and tamariki to be physically active and the strengthening of our sector.



Aidan O'Connor
Sports & Club
Partnership Lead



BUILDING FOR THE FUTURE OF THE SPORT

Open Spaces and Physical Activity Strategy & Springvale Park Development Plan

Whanganui District Council has created the Open Spaces and Physical Activity Strategy for the Whanganui District. This report was finalised after consultation with the public and key stakeholders, including Sport Whanganui, and encompasses elements such as the Sports Facility strategy within its scope.

Sport Whanganui have been working closely with Whanganui District Council through the Sport and Recreation Advisory Group (SARAG). Part of Sport Whanganui's role is to act as the initial connect with applications looking for funding through the Sports facilities fund. This fund is for facilities on Council owned land, with developments needing to show alignment with at least 1 of the stated principles of the Whanganui District Council Sport and Recreation Facilities Strategy 2019.

Sport Whanganui have been leading work into the development of the Springvale Park complex. This complex is the heart of Community Sport in Whanganui, with work needing to be done to re-affirm its status as an effective Community Sports Hub. After a consultation process involving key stakeholders, interested parties and the public, four recommendations are going to be put to the Whanganui District Council to enhance the operation of the facilities at the park and move towards a hub model.

Recommendations involve creating a unified vision for the park, a more collaborative governance style, improvements to wayfinding and transport to and from the park, and looking at more innovative ways to activate the facilities located at Springvale Park.

Key Successes

- Engagement and input into Whanganui District Council Open Spaces and Physical Activity Strategy
- Increased role and advice given to Whanganui District Council around Sport Facilities fund
- Streamlined application process approved for Sport Facilities fund
- 100% engagement with key stakeholders around Springvale Park Development



7 interested parties and
187 sports participants surveyed.

4

Key recommendations to be made to Whanganui District Council around Springvale Park Development.



\$100,000 available in the Sport Facilities Fund.

21

key stakeholders engaged with during Springvale Park development process



Parks, Open Spaces and sport facilities are important places within our community. More than just a place to be active, it is a space for our community to come together and enhance their social and spiritual wellbeing along with maintaining their community connection. Having strategies and plans in place to ensure best utilization of these facilities is critical for our community. Having an impact on the provision of these places is a key aspect of the work Sport Whanganui do to activate our community.



CREATING SPACES FOR PLAY

Power of Play

To grow play in our region, we have been working to better understand and address local barriers to play. This year, we built off existing insights with a second Power of Play workshop, focused on identifying actions that will create more opportunities for local tamariki.

Through partnership with the Whanganui District Council, two initiatives have made a big difference in play provision in Whanganui. First, responding to an identified demand for more events with play elements, the Council received Tū Manawa funding for a community play trailer. The trailer is packed with fun play equipment and is free for the community to hire. Since its launch in November, it has been borrowed 49 times by schools, community groups and residents to add play to their events.

Another exciting project has been a Play Trail developed in the city centre, using bright stickers and maps to give whānau permission to play. This was developed in response to community feedback that while there are lots of spaces in Whanganui with play potential, the community doesn't know where they can encourage tamariki to play. The Play Trail was launched in April, timed for the school holidays, and has been met with overwhelmingly positive feedback.

Key Successes

- New play initiatives have met identified needs in the Whanganui community and impacted thousands of local tamariki.
- Existing partnerships with Council and community groups were strengthened, while new partnerships in tourism, business and arts developed around the co-benefits of play.

1,988

tamariki engaged with the play trailer November-June.



Celebrating Matariki through Play

Aotearoa observed a new Matariki public holiday on 24 June this year, which in Whanganui was celebrated with a community event called Puanga Rising, recognising the importance of the Puanga star for Whanganui tangata whenua in signalling the New Year.

The event brought people of all ages and backgrounds together to learn about Puanga and Māori culture, including ngā taonga tākaro - traditional Māori games. Sport Whanganui helped tamariki make poi and te rākau (stick games) to take home with them, and Te Oranganui organised a group of students to showcase the te rākau skills they have been learning. A number of other games from the Tākaro Play Trailer were available for tamariki and whānau to enjoy, such as pavement art, stilts and giant jenga.

In terms of our kaupapa growing play, the event was hugely beneficial in building relationships with our creative sector and providing opportunities for tamariki to try different types of play - particularly Māori games, both areas which have been identified as priorities by our community in growing play.

"Throughout the evening, dozens of poi were made and the play space was packed with whānau having fun together playing games." Harriet McKenzie, Community Activator.

250+ tamariki and their families took part in the trail during its first 3 weeks.



100% of Play Trail users said they discovered new ways to play they'll use at home.



Play is critical for tamariki to develop the skills and attitudes they need to be active for life, and while our focus is on the physical literacy benefits, working on play projects has highlighted the range of stakeholders interested in growing play in our community. We are really excited to see active play provision continue to grow across the region as more and more people step into it, bringing their own passions and energy to this diverse and dynamic space.



Harriet McKenzie
Community Activator

Whitney Cox
Research & Evaluation Lead



PARTNERING FOR INCLUSIVITY

Insights and Play Spaces

Sport Whanganui, through our relationship with Whanganui District Council, has been able to have some influence in creating more inclusive play spaces in Whanganui.

Of the 14 play spaces within Whanganui, none are really accessible for those with disabilities. Following a playground audit carried out by Sport Whanganui on behalf of Whanganui District Council last year, council committed to revisiting several play spaces to improve play opportunities for the community. Funding has also been dedicated to an inclusive play space project in Whanganui, with a significant investment over the next three years.

Sport Whanganui hosted our first 'Access Action All Together' workshop where we invited members of our disabled community, either working in or living in the sector. Council was involved in the workshop, finding out how they could begin to implement their project. As a result of that workshop, Sport Whanganui has identified and connected with 24 organisations and through these connections we have created a local disability advisory group.

"A lot of us have the same [clients], and if we all kind of worked together we could make it easier on ourselves and more accessible for our people."

DISABILITY SECTOR WORKER

Workshop participant

Key Successes

- Strengthened community partnerships.
- Improved access to local facilities.
- More inclusive opportunities to be active.

14 play spaces in Whanganui - higher than the national average.



9.7% of people in Whanganui have an activity limitation. (Census 2018)



24

organisations involved in creation of a local disability advisory group.

I've been working closely with the disability sector to improve opportunities to be active. Through the relationships we've built, we have created more opportunities in schools and in the community for more accessible and inclusive play, active recreation and sport. It has been a year of firsts and a year of learning with lots of promise for the future.



Ross Kinnerley
Community Activator / Recreation



TAHA TINANA - ACTIVATING PHYSICAL WELLBEING

Secondary School Sport

COVID has had a big impact on how sporting events function, with several cancelled over the last two years. Navigating the everchanging COVID guidelines has also made event planning very difficult. In March this year there were many hoops that needed to be jumped through to hold any kind of interschool events, with strong contingency plans required. Sport Whanganui was the only Regional Sports Trust (RST) in the country to go ahead with term one interschool events.

The Whanganui Secondary School Swimming Championship was the first event that took place, albeit with no spectators. The COVID-imposed 100-person limit in the facility was managed well, and schools were very grateful the event went ahead.

This was followed by the Whanganui Secondary Schools Interschool Athletics event, which had a much more complicated contingency plan. Working closely with Athletics Whanganui and other key stakeholders we were able to come up with a safe plan that enabled over 200 rangatahi to compete for their schools.

1,383 students, staff and whānau logged a total of 1,363 hours of physical activity during the Aotearoa Activity Challenge.



1/3 of those surveyed after the event did additional physical activity because of the Challenge.

Aotearoa Activity Challenge

As an organisation, Sport Whanganui are always looking at innovative ways to activate our regions' rangatahi. Feedback and research insights help us to understand the everchanging wants and needs of the rangatahi. Specifically, insights tell us that we need to offer more activation opportunities that steer away from the traditional models of sport.

In the 2021 August/September lockdown we launched the Aotearoa Activity Challenge, a virtual interschool challenge for our Secondary Schools. Rangatahi and support staff logged their physical activity to an online google form to earn points for their school. There were 1,383 individual entries with students, staff and whānau logging a total of 1,363 hours of physical activity during the Challenge. Following the challenge, a feedback survey was sent out which received 17 responses. Of those 17, about 1/3 said they did additional physical activity because of the Challenge.

Whanganui City College were the eventual winners of the competition, winning the 'Kura Wars' trophy and a \$200 Sports Distributors voucher.

Key Successes

- Innovate to offer new opportunities for rangatahi to be active.
- Competitive events with an increased emphasis on participation and development.
- Strengthened processes to enable safe participation in events.

The Aotearoa Activity challenge enabled people to be connected during a difficult time, while exercising and competing for their school.



Harry Unsworth
Rangatahi Activator



CONNECTING COMMUNITIES
Hoops in Schools

Hoops in Schools is a Basketball New Zealand programme that partners with schools, funders, and local basketball associations to bring quality hoops into school communities.

Sport Whanganui, in partnership with the local basketball association worked with two primary schools in Whanganui and Marton to secure funding through the Lion Foundation to purchase and install these quality hoops.

Basketball New Zealand supported the launch of the hoops at each location, with Basketball royalty Tall Black Tom Abercrombie and Tall Fern Charisse Leger-Walker attending two of the school launches. They spent time with tamariki, running through skills and drills, signing basketballs, and answering all the important questions mainly about their height and whether they could dunk on the new hoops!

In the evening, the Whanganui Basketball Association opened the Springvale Stadium for community court time with over 50 participants including another talented Tall Black and No.8 for the Hawkes Bay Hawks, Derone Raukawa.

The introduction of the hoops has supported communities to come together and more of our tamariki and rangatahi to be physically active in a fun and inclusive way. Marton Junction School Principal, Vanessa Te Ua, noticed that the new hoops at their kura were well utilised over the weekends since the new hoops arrived. This was also the case at the other two schools with the courts bringing new life to the playground both inside and outside school hours.

Hoops in Schools is an outstanding initiative that makes it easy for funders, RST's, local associations and NSO's to collaborate and combine resources to activate communities with partnerships and relationships strengthened throughout the process.

It was both a pleasure and a privilege to be a part of Hoops in Schools initiative, and as an RST we believe it has and will continue to have a positive and lasting effect on our community for years to come.

A huge thank you to The Lions Foundation, Basketball New Zealand, Whanganui Basketball Association, Kaye Arnott and our local kaumatua Gina and John Maihi for supporting this awesome mahi.

Key Successes

- Collaboration between RST, Funders, local Basketball Assoc. and NSO.
- Increased tamariki and rangatahi participation during and after school.
- Improved connections with schools and their communities.



In 2021, Basketball was the second most played secondary school sport, with **24,850** players. (NZ Census)



64 hoops into **32** schools across 6 different regions, as part of Hoops in Schools programme to date.

63.2% increased participation in secondary school basketball between 2011-2021. (NZ Census)



Sport Whanganui has been privileged to work in partnership with Basketball New Zealand, schools, funders and the Whanganui Basketball Association to provide new basketball hoops for schools, so communities can connect, be more active and have fun in an environment that is inclusive and accessible to all."



Jodie Brunger
Active Communities
Manager



EMPOWERING WĀHINE & KŌHINE

La Fiesta

Most of us are familiar with the information coming through about women and girls being less involved in sport and physical activity, particularly girls as they move toward their teenage years.

In an effort to change this trend, Sport Whanganui is actively working to increase participation and break down barriers for our region's wāhine and kōhine. For the second year we partnered with Whanganui Women's Network as part of 'La Fiesta! New Zealand's Best Women's Fest', a festival aimed at providing safe and fun spaces for women and girls to attend activities and events ranging from art through to movement – something for everyone.

A major highlight of this year's event was an Introduction to Surfing hosted by our local surf crew, Whanganui Boardriders. A new activation for La Fiesta, the majority of participants were new to surfing and keen to learn. Participants were aged 11 through to 70 years, a mix of mothers and daughters, family groups and groups of friends. Instructors linked the skill of surfing to the respect held for the ocean, the awa, and local development.

Having all equipment provided and no set cost made attendance much more accessible, sparking a strong community interest for surfing lessons. As a result, the Whanganui Boardriders Club is moving towards developing plans for a surf school and identifying barriers diverse community members face and discussing how these can be addressed.

**“When is the next session of this kind?
Such an awesome turnout, so much fun.”**

SURF PROGRAMME PARTICIPANT

Key Successes

- New activations opening up opportunities to grow and replicate.
- It's My Move champions identified with plans to support action in their schools and within the community.



46 wāhine participated in the La Fiesta Surf programme.

Approx.

85 wāhine and kōhine were directly impacted through these events.



6 Sport Whanganui events included in La Fiesta programme.

85% of Surf programme attendees were new participants.



It's so important for our girls to be active and have fun in an environment where they feel safe to just be themselves.



Dinelle Saunders
Community Activator /
Women & Girls



EMPOWERING WĀHINE & KŌHINE

#ItsMyMove

Driven by nationwide research that indicates a significant drop off in young women's sport and recreation participation, Sport New Zealand has launched the #itsmymove campaign, focused on supporting young women in Aotearoa to get active and stay active. The #itsmymove campaign aligns well with Balance is Better but from a bottom-up perspective, allowing the voice of young women to influence the future of sport and active recreation.

Taking a locally led #itsmymove approach, Sport Whanganui created posters, social media tiles and videos featuring our local rangatahi. Seeing recognisable faces and locations alongside the #itsmymove messaging will help drive interest in sport and active recreation among a broader local audience and signify an enthusiasm to work alongside young women to build better sport and recreation offerings.

WHAT #ITSMYMOVE PARTICIPANTS ENJOY ABOUT THEIR 'MOVE'

"Being able to connect with other people my age through something we both love to do"

"Making new friends"

"Having fun and playing hard"

"...racing and exploring different forest areas, bush bashing and getting lost"





FUNDING OUR FUTURE

Tū Manawa Active Aotearoa

Tū Manawa has just completed two years of support for community groups, schools and organisations to help get tamariki and rangitahi active. COVID had a significant detrimental effect on the activity rate of these children and the fund has really help get some active once more.

In the 2021/22 year we approved \$368,235 in applications. 13 applications were approved in the play space at \$80,587. There were 17 applications in Active Recreation valued at \$156,006 and 18 in Sport valued at \$131,643.

A real emphasis has been put on play applications to help encourage people to literally play without structure and get the benefits of being physically active at the same time. A range of programmes have been delivered from play trailers, to play trails to cycle programmes, opportunities for those with disabilities to play golf. Schools have been provided with isolation packs to give to students to help get them active during lockdown or isolation periods. Tennis programmes have been successfully run in schools and tamariki have had the opportunity to learn and grow with the awa helping them whakapapa back to their roots.

In the 2021/22 year we approved
\$368,235 in applications.



Key Successes

- Distributing over \$368,000 in the past 12 months to organisations, clubs and schools.
- Providing opportunities for tamariki to be active through play.



years active.

13 applications were approved in the play space at \$80,587.



17

applications in Active Recreation valued at \$156,006.

18

applications in Sport valued at \$131,643



We are extremely fortunate to be able to assist in new projects and support existing ones to continue to provide some fantastic opportunities to those who need it the most.



Aidan O'Connor
Sports & Club
Partnership Lead



EMPOWERING RANGATAHI Active Youth Leadership

It is a real privilege to see our rangatahi making opportunities to lead. If we can support them on their journey, they can best identify what their peers seek, creating active spaces that will be well utilized which will ultimately lead to healthier, happier adults in the long term.

An opportunity arose this year for collaboration between our local Whanganui District Youth Council and the Whanganui Secondary School's Youth Empowering Sport Squad. The combined committee created 'Awhi te Rangatahi', with a one off fund of up to \$1000 available to youth community members to activate their peers through sport, physical activity, active recreation or play.

Rangatahi identified a gap, came up with an idea and applied to the committee. Applications were reviewed and a short interview was conducted by the Awhi te Rangatahi committee. From there, the funding was split between the 3 applicants to achieve their planned idea. The growth in confidence for the panel members who made the tough decisions was huge, saying they felt "awesome and professional" after the interviews had concluded. There is a plan in place to replicate Awhi te Rangatahi in 2023 and link it into two local festivals.

"The funding from the Councils will help hugely in getting Spacebound Touch Club off the ground. Creating an environment where cost isn't a factor and a place you belong is our goal."

AWHI TE RANGATAHI APPLICANT

Key Successes

- Amplifying Youth voice.
- Supporting leadership opportunities in the youth space.
- First Athletics coach and programme at Whanganui Girls' College in over 20 years funded by Tū Manawa.

4 panel members and **3** applications



All applicants were successful with two out of three applications being **100%** funded.

"I loved hearing how passionate our Whanganui youth is about improving the mental and physical well-being of those around us and the push and drive for cool new opportunities for our youth! This was an awesome opportunity and would love to help out if we were lucky enough to do this again!"

AWHI TE RANGATAHI PANEL MEMBER

Rangatahi know how they want to be active. It's empowering for them to take on leadership roles and to engage their peers, their way. We can support them to do that.



Dinelle Saunders
Community Activator /
Women & Girls



EMPOWERING RANGATAHI

Rangatahi Water Safety Programme

Sport Whanganui and Whanganui Surf Lifesaving Club formed a partnership to put in place a programme about water safety at the beach and the awa. City College piloted the programme in February with a handful of students taking the plunge to trial what was on offer. Students' feedback from the trial was hugely valuable to the programme.

The programme operates from the Surf Lifesaving Club and covers a massive range of knowledge, including what to do in a rip, fishing safely, understanding beach flags, knowing your limits, how to keep others safe, and games and activities on the beach to embed the learnings. Regardless of the body of water, sea or river, the key word is respect, with the tutors taking an honest and relatable approach to educating our kids about water safety.

The first school to go through the programme were Te Kura o Kokohuia. Student surveys and feedback from the 30 student leaders has shown an 85% increase in their physical literacy while teacher engagement and participation has increased 50% from the program's inception. Students now have the confidence and motivation to share their learnings with the rest of the Kura. With the support of Sport Whanganui and Nga Tai o te Awa, students are looking to work with other Kura across the region to advocate the benefits of strengthening active recreation opportunities in their communities.

Key Successes

- Rangatahi and the Surf Life Saving Club made positive connections through this experience.
- The programme was designed and tested alongside rangatahi.
- This was community funded initiative to try and address the increasing drowning statistics nationally.
- Rangatahi reported an increased understanding and confidence in their ability to identify and manage risks at the beach like rips.

30 student leaders from Te Kura o Kokohuia made up the first intake.

Student feedback showed an **85%** increase in physical literacy.

Teacher engagement and participation increased **50%** from the programme's inception.

"This was one of the best learning experiences our Kura has ever done. We all learnt so much. Thank you to everyone who was involved in this kaupapa"

KAI AKO



Ross Kinnerley
Community Activator /
Recreation



INNOVATING FOR THE WORKPLACE

Hauora ki te Mahi

Hauora ki te Mahi is a support programme in partnership with the Ministry of Social Development for Whanganui Job Seekers who would benefit from improving their health and wellbeing.

The objective of the 12-week programme is to provide individuals with a holistic view of health and the importance of being fit, healthy and mentally fit for employment. It offers social connection, increased motivation, and improved employment opportunities.

Client Case Study

Female, 54, was stressed financially which led to anxiety and depression. Was not participating in any physical activity and had a limiting shoulder injury. She felt the programme helped to increase her confidence to put herself out there to get a job which has given her a sense of relief financially. She was also very happy with the range of movement she was regaining in her shoulder.

Client Case Study

Female, 46, had a collapsed foot and was unable to continue working and was living in constant pain, taking pain medication daily. Using the Splash Centre pool to strengthen her foot and become more mobile, she was able to get back to 30 hours a week working and completely off pain medication. Client said the education around nutrition allowed her to make better nutritional choices and was happy she was able to lose 5kg during the programme and strengthen her foot enough to get back into working 30 hours to help her financially.

56% obtained part time or full-time work, moved into full time study and are no longer receiving the benefit.



44% are carrying on with some form of physical activity following the programme.



81% said engaging in physical activity and changing their eating habits benefitted their wellbeing.



There is a lot of noise that can be overwhelming in the health and wellness space, and I want to help people simplify it and break it down into a way that fits them and their lifestyle. Ultimately, I want people to feel better.



Rachael Lynch
Wellbeing Activator



INNOVATING FOR RANGATAHI
He Ara Hauora – Youth to Work

He Ara Hauora (a pathway to wellbeing) supports young people who are referred by the Ministry of Social Development to the Youth to Work programme. Where Youth to Work focuses on supporting young people into employment, He Ara Hauora compliments this by providing access to wellbeing strategies and how to activate these teachings.

The purpose of He Ara Hauora is to provide a pathway for young people to thrive and participate meaningfully in society. A key component of preparing for work is feeling good about yourself and having the vitality to live life to the fullest. Students support each other to develop plans focusing on their physical, social, mental and spiritual goals and needs, including connecting in with community networks.

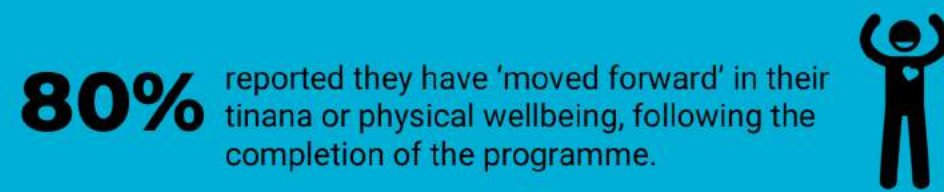
Te Whare Tapa Whā (Māori health model), Mana Taiohi (Youth development strategy) and He Iere (Rangatahi Songsheet – Whanganui Youth Worker Strategy) form the basis and inform the direction and content of He Ara Hauora. Wellbeing looks different for everyone and this programme has evolved over time to utilise a variety of Kaupapa Māori, mainstream techniques and individual experiences to expose participants to a wide range of wellness tools.

Key Successes

- Improved mental health due to keeping busy and attaining employment.
- Being around like-minded people and natural environments can uplift spiritual well-being.
- Wellness tools improved individuals’ anxiety when in public, confidence boosted and gaining positive momentum.

COVID has required the programme to adapt to ensure the health and safety of participants during the pandemic. The current evolution of He Ara Hauora is realigning with Youth to Works’ recent change from group work to individual plans, which has seen a major decrease in attendance and engagement. To bridge this gap, He Ara Hauora may need to shift from a group focused approach to a one-on-one mentoring style of programme.

From the first intake all students have reported on the improvements in their overall wellbeing during debrief sessions at their exit interviews and graduations. This is also measured and reinforced by their pre and post Wellness Webs and Bio Scans. Feedback from parents also reinforced the change it had made in their confidence and self-belief.



Ehara taku toa i te toa takitahi, engari he toa takitini
My strength is not as an individual, but as a collective

This Whakatauki (proverb) has been the basis of our He Ara Hauora (A Pathway To Wellbeing) programme.



Justin Gush
Hauora Advisor

HE ARA HAUORA

Youth to Work Programme cont.

Wellness Web

The 'Wellness Web' is a tool used to measure the wellbeing of students at the beginning and end of the programme, with students scoring themselves based on Te Whare Tapa Whā or the four pillars of Hauora - Tinana (physical), Hinengaro (mental), Wairua (spiritual) and Whānau (social).

All students reported positive gains in most areas. The majority of students reported 'moving forward' in their wellbeing, with some reporting 'no change' and no student reported 'moving backwards'.

"Course was a huge confidence boost because I had severe anxiety in public, it taught me about self-worth."

"I enjoyed all of it. I benefited from being able to talk, being around people and them listening and me listening to them."

"I realise that it's ok to not be ok...this [course] is what I wish therapy was!"

"Awesome vibe!! This has been so helpful! It's improved my mental health by keeping busy! I'm more organised and in touch with old connections."





BUILDING PHYSICAL CONFIDENCE


Whanganui Boys & Girls Gym Club

Whanganui Boys and Girls Gym Club is busier than ever offering 33 recreational gymnastic classes and catering for preschoolers through to adults. Our 5yr to 9yr recreational classes are continuing to be very popular with classes regularly full by the start of each term. Our free gymnastics/parkour sessions are continually growing in popularity especially with boys. This is a space with the potential for huge growth and an independent venue for Whanganui moving into the future.

Our facility is a hub of activity on weekdays with Kohanga Reo's, ECE's, school groups and community groups attending regular sessions. The weekends are busy with Saturday gymnastic sessions, birthday party venue bookings and the Whanganui Unique autism group regular bookings.

Our competitive gymnastic coaches are once again busy through competition session now that COVID mandates have been removed and our gymnasts can once again compete.

Approximately **1400**  children pass through the club's doors each year.

45 gymnastic classes every week 

This year the club offered one off 'give it a go' sessions to our rural isolated schools to allow tamariki to experience the joy of gymnastics. This saw our coaches hit the road to visit our beautiful Rangitikei, Waimarino and Ruapehu countryside.

August 2022 saw the return of our long-term coach exchange agreement with Ollerup university in Denmark. We are very pleased to have two Danish coaches with us for term four, the first since the beginning of Covid 19 pandemic.

Our 27-bed accommodation wing is once again providing reasonable and convenient accommodation for sporting groups that are attending tournaments in our beautiful city. The Board of Sport Whanganui are presently looking at the feasibility of upgrading our accommodation facilities and then our gymnastic facilities.

The Whanganui Boys and Girls Gym Club continues to focus on building a better future that remains grounded in its purpose: fostering fun fitness and fundamentals for the wellbeing of the community in Whanganui.

7 permanent part time staff members,



12 casual staff members for the OSCAR approved holiday programmes, **4** birthday party hosts and many community-minded volunteers allowing the club to operate seven days a week.

Now that the community feel safe to venture out again the gym club has become a hive of activity. We are very busy and it's fantastic!



Annette Cox
WBGGC Manager



ACTIVATING COMMUNITY WELLBEING

Green Prescription

It has been a busy but hugely rewarding positive shift to addressing the challenges and barriers that we have experienced in the past year towards being active.

Green Prescription is a free service with a primary focus to support people to be active, improve nutrition, set goals. We work alongside clients to help them gain knowledge of their own healthcare with a specific focus for Maori and Pasikifa.

2022 marked a year of changes for the Green Prescription (GRx) team with Darren becoming our new kaiawhina offering a holistic whānau approach to the Whanganui region.

Changes in wellness went beyond just the physical improvements for many clients – a korero with mental and spiritual focus was part of the care plan.

Changes in clients' health conditions included blood pressures lowered, improved sleep, diabetes levels reduced, weight losses, an increase in mobility for clients having had a stroke, general wellness for those challenged with long term health issues.

Active Families/Whānau and Active Teens programmes continue for children, youth encouraging the whānau to take active steps and make changes for their overall health.

Key Success

The collaborative nature between GPs, Practice Nurses, Te Whatu Ora Health, Te Aka Whai Ora Health, Whanganui Regional Health Network, and the connection to other health and community cultural and peer support services.



Māori participants.



29 referrers - GP's, health professionals from Te Whatu Ora Whanganui and Health Coaches.

30 clients from regions.



750 referrals for the year.



Whakaora.
Huri i te Ora.
Changing Lives.
Healing.



Darren Wallace
Green Prescription Support

Deb Byers
Active Wellbeing Manager



EMPOWERING PATH TO WELLBEING
Fit for Surgery

As a community based programme, Fit for Surgery is designed to support patients to become fit for elective orthopaedic hip and knee surgery, through weight reduction and the optimizing of medical and long-term conditions

The programme is a collaborative approach between Te Whatu Ora Whanganui and Sport Whanganui to provide a service to the Whanganui community. The programme prioritises health outcomes resulting in safer surgery for those who go through for surgery.

The programme includes a peer driven Peer Support Group, as well as monthly clinics at Taihape Health Clinic.

Successes continue with some choosing not to have surgery due to the improvements in their health, pain, mobility, and lifestyle while many participants continue to maintain their lifestyle changes well after their surgery.


We look forward to the expansion of the programme to other hospitals in the future.

Key Successes

- Continued evolution of the programme to include a Peer driven Peer Support Group, and an established monthly clinic in Taihape.
- Improving health outcomes including safer surgery in those who have made and maintained positive lifestyle changes.

4 clients who felt more mobile with less pain after reaching their goal weight and chose not to have surgery.

 **50** referrals for 2021-2022.

14 clients who reached their goal weight and were referred for surgery. 

“The programme structure, along with resources service available, ongoing support guidance, helped give me the confidence, assurance, knowledge and motivation to be open and honest to embrace change instead of resisting it. A positive shared purpose for my health and wellbeing, humbled that people are willing to invest this much in me, I was determined and driven to invest just as much if not more time, effort and energy in myself”

PATIENT FEEDBACK



Christine Taylor
Fit for Surgery Navigator

FUNDERS & PARTNERS

SPORT WHANGANUI WOULD LIKE TO THANK ALL OF OUR PARTNER ORGANISATIONS FOR THEIR SUPPORT OVER THE 2021/22 YEAR.

VALUED CONNECTORS



WHANGANUI
DISTRICT COUNCIL
Te Kaunihera a Rohe o Whanganui



MINISTRY OF SOCIAL
DEVELOPMENT
TE MANATŪ WHAKAHIATO ORA



WHANGANUI BOYS & GIRLS GYM CLUB



Blast and Paint Whanganui
Richard Gedy Painting
Gregor Valley
Pat Plumbing
Studio 86
Tū Manawa Active Aotearoa



STATEMENT OF FINANCIAL POSITION

Sport Whanganui Statement of Financial Position As at 30 June 2022

	<u>Jun 2022</u>	<u>Jun 2021</u>
	\$	\$
Current Assets		
Debtors & Prepayments (Note 7)	73,522	91,800
Bank Accounts & Cash (Note 8)	244,635	349,369
Short Term Investments (Note 12)	200,140	-
	<u>518,297</u>	<u>441,169</u>
Non Current Assets		
Fixed Assets (Note 25)		
Property, Plant & Equipment	1,538,139	1,475,758
Total Assets	<u>2,056,436</u>	<u>1,916,927</u>
Less Liabilities		
Current Liabilities		
Creditors & Accrued Expenses (Note 13)	37,943	48,746
Employee Costs Payable (Note 14)	83,883	61,530
Finance Lease Liability	4,490	3,236
Unused Grants with Conditions (Note 15)	106,270	75,972
Other Current Liabilities (Note 16)	139,037	113,974
Funds Held For Third Parties (Note 17)	8,990	-
	<u>380,613</u>	<u>303,458</u>
Non Current Liabilities (Note 18)		
Finance Lease Liability	16,839	1,618
	<u>16,839</u>	<u>1,618</u>
Total Net Assets	<u>\$1,658,984</u>	<u>\$1,611,851</u>

Represented by:

Equity

Accumulated Surpluses or Deficits	1,658,984	1,611,851
	<u>\$1,658,984</u>	<u>\$1,611,851</u>

Chairperson:

CBO:

Date: 29/11/2022

Date: 29/11/2022

Sport Whanganui Statement of Cash Flows For the Year Ended 30 June 2022

	<u>Jun-22</u>	<u>Jun-21</u>
	\$	\$
Cash Flows from Operating Activities		
Cash was provided from:		
Donations, Fundraising & Other Similar Receipts	1,340,831	876,365
Receipts from Providing Goods & Services	405,995	619,024
Interest, Dividends & Other Investment Receipts	931	257
Net Funds held for Third Parties	<u>1,747,757</u>	<u>1,495,646</u>
Cash was applied to:		
Payments to Suppliers & Employees	1,520,770	1,416,959
Goods & Services Tax	4,977	30,759
	<u>1,525,747</u>	<u>1,447,718</u>
Net Cash inflow (outflow) from operating activities	<u>222,010</u>	<u>47,928</u>
Cash Flows from Investing Activities		
Cash was provided from:		
Receipts from Sale of Property, Plant & Equipment	6,776	10,000
Proceeds from Loans	-	-
	<u>6,776</u>	<u>10,000</u>
Cash was applied to:		
Purchase of Property, Plant and Equipment	142,910	13,320
Purchase of Investments	200,140	-
Repayment of Loan borrowed from other parties	-	69,970
Lease Payments	(16,474)	3,236
Funds administered on behalf of third parties	6,886	182,454
	<u>333,462</u>	<u>268,980</u>
Net cash inflow (outflow) from investing activities	<u>(326,686)</u>	<u>(258,980)</u>
Cash Flows from Financing Activities		
Cash was provided from:		
Net increase (decrease) in cash held	<u>(104,676)</u>	<u>(211,052)</u>
Cash at Start of Year	349,369	560,421
Cash at End of Year	<u>244,693</u>	<u>349,369</u>