



Whanganui Secondary Schools Athletics Championships 2019

PROGRAMME

Wednesday 13th March 2019 &
Tuesday 19th March
at Cooks Gardens

Hosted by Athletics Wanganui, Sport Whanganui &
Whanganui Secondary Schools

Whanganui Secondary Schools Athletic Championships 2019

Cooks Gardens, Whanganui – Tuesday 19th March & Wednesday 13th March 2019

Event Schedule

Please note timings are for start of heats. Straight finals will be determined based on number of entries, and advised at the Managers meeting. Please ensure athletes are ready for marshalling well before their event. All track & field athletes must marshal at their field event and let the officials know that they have a track event to attend if it's at the same time.

Tuesday 19th March 2019 Cooks Gardens (Timings may be subject to change)

Track

7:00 pm	300m Hurdles	Open Girls	Final
7:10 pm	300m Hurdles	Open Boys	Final
7:40 pm	2000m Steeplechase	Open Girls	Final
7:50 pm	2000m Steeplechase	Open Boys	Final

Field

7:00 pm	Hammer	Open Boys	Final
7:00 pm	Hammer	Open Girls	Final
7:00 pm	Pole Vault	Open Boys	Final

Wednesday, March 13th 2019

Track

11:30 am	100m	Heats where required	Prelims
12:15 pm	70m Hurdles	Junior Girls (timed races)	Final
12:20 pm	80m Hurdles	Junior Boys (timed races)	Final
12:25 pm	80m Hurdles	Intermediate Girls (timed races)	Final
12:30 pm	100m Hurdles	Senior Girls (timed races)	Final
12:35 pm	100m Hurdles	Intermediate Boys (timed races)	Final
12-49 pm	110m Hurdles	Senior Boys (timed races)	Final
12:55 pm	200m	Heats where required	Prelims
1:20 pm	3000m	Open Girls	Final
1:35 pm	3000m	Open Boys	Final
1:50 pm	300m	Junior Girls and Junior Boys Heats	Prelims
2:00 pm	400m	Heats where required	Prelims
2:20 pm	TBA	Special Relay TBA non-championship	
2:45 pm	800m	Junior Girls	Final
2:50 pm	800m	Junior Boys	Final
2:55 pm	800m	Intermediate Girls	Final
3:00 pm	800m	Intermediate	Final
3:05 pm	800m	Senior Girls	Final
3:10 pm	800m	Senior Boys	Final
3:15 pm	100m	Junior Girls	Final
3:18 pm	100m	Junior Boys	Final
3:21 pm	100m	Intermediate Girls	Final
3:24 pm	100m	Intermediate Boys	Final
3:27 pm	100m	Senior Girls	Final
3:30 pm	100m	Senior Boys	Final
3:35 pm	300m	Junior Girls	Final
3:39 pm	300m	Junior Boys	Final
3:45 pm	400m	Intermediate Girls	Final
3:48 pm	400m	Intermediate Boys	Final
3:51 pm	400m	Senior Girls	Final
3:54 pm	400m	Senior Boys	Final
4:00 pm	1500m	Junior Girls	Final
4:06 pm	1500m	Junior Boys	Final
4:15 pm	200m	Junior Girls	Final

4:18 pm	200m	Junior Boys	Final
4:20 pm	200m	Intermediate Girls	Final
4:23 pm	200m	Intermediate Boys	Final
4:25 pm	200m	Senior Girls	Final
4:28 pm	200m	Senior Boys	Final
4:35 pm	1500m	Intermediate Girls and Senior Girls	Final
4:41 pm	1500m	Intermediate and Senior Boys	Final
4:50 pm	4x100m Relay	Senior Girls	Final
4:55 pm	4x100m Relay	Senior Boys	Final
5:00 pm	4x100m Relay	Intermediate Girls	Final
5:05 pm	4x100m Relay	Intermediate Boys	Final
5:10 pm	4x100m Relay	Junior Girls	Final
5:15 pm	4x100m Relay	Junior Boys	Final
5:20 pm	4x400m Relay	Open Girls & Boys (separate if more than 10 teams)	Final

Field

10:45 am	Javelin	Intermediate & Senior Boys
11:15 am	Long Jump	Intermediate Girls
11:15 am	Triple Jump	Intermediate Boys
11:15 am	High Jump	Senior Girls
11:30 am	Shot	Junior Girls
11:45 am	Discus	Junior Boys
12:30 pm	Shot	Intermediate Boys
12:30 pm	Long Jump	Junior Girls
12:30 pm	Triple Jump	Junior Boys
12:30 pm	High Jump	Intermediate Girls
12.45 pm	Discus	Intermediate Girls
1:30 pm	Shot	Junior Boys
1:30 pm	Long Jump	Senior Girls
1:30 pm	Triple Jump	Senior Boys
1:40 pm	High Jump	Junior Boys
1:45 pm	Discus	Junior Girls
2:20 pm	Javelin	Junior Boys & Junior Girls
2:20 pm	Shot	Senior Boys
2:30 pm	Long Jump	Junior Boys
2:30 pm	Triple Jump	Junior Girls
2:50 pm	High Jump	Intermediate & Senior Boys
3:00 pm	Discus	Senior Girls
3:15 pm	Shot	Intermediate Girls
3:30 pm	Long Jump	Intermediate Boys
3:30 pm	Triple Jump	Intermediate Girls
3:30 pm	Javelin	Intermediate & Senior Girls
4:00 pm	Discus	Intermediate Boys
4:15 pm	High Jump	Junior Girls
4:15 pm	Shot	Senior Girls
4:30 pm	Long Jump	Senior Boys
4:30 pm	Triple Jump	Senior Girls
4:45 pm	Discus	Senior Boys

Event	JG	IG	SG	JB	IB	SB
Javelin	2:20 pm	3:30 pm	3:30 pm	2:20 pm	10:45 am	10:45 am
Shot	11:30 am	3:15 pm	4:15 pm	1:30 pm	12:30 pm	2:20 pm
Discus	1:45 pm	12:45 pm	3:00 pm	11:45 am	4:00 pm	4:45 pm
Long Jump	12:30 pm	11:15 am	1:30 pm	2:30 pm	3:30 pm	4:30 pm
Triple Jump	2:30 pm	3:30 pm	4:30 pm	12:30 pm	11:15 am	1:30 pm
High Jump	4:15 pm	12:30 pm	11:15 am	1:40 pm	2:50 pm	2:50 pm